



18 Iyar 5785 | May 16, 2025

Lag Ba'Omer, Parasha Emor

SHABBAT SHALOM

שבת שלום

DAY 589

We continue to hope and pray for the release of the hostages.
They are front and center in our minds.
May God protect them from further harm.
May God shield the soldiers of the IDF so that they too,
can return back to their loved ones, in safety and wholeness.
AMEN!

Parasha Sheet sponsored by the Dickstein/Weinstein family to commemorate the yahrzeit of Stephanie's mother, Natalie Dickstein z"l.

Torah on Monday with Rabbi Malomet This story is so puzzling. Every phrase gives rise to another question. But at the heart of it, at least on this reading, is the question of what to do about this blasphemer. The fact that Moses does not have a quick answer, is really one of the great parts of the story. That's got to mean something.

Parasha Talk

We discuss the release of Idan Alexander, an American-Israeli who was held captive for 583 days, the complexities of Israeli and American citizenship. On Emor we discuss the story involving the man who blasphemed and what it means for all of us.



[Click here for special prayers for Israel](#)

Prayer for the Welfare of the State of Israel and Prayer for the Welfare of the Soldiers in the IDF and the Captives

Flyers in this week's email - click to view or download

[CLICK HERE TO VIEW OUR WEBSITE CALENDAR](#)

HOW TO HELP
ISRAEL

[Prayers for Israel](#)

[GALA 25 Ad
Journal](#)

Annual Paid-Up
Membership
Meeting and
election of
Trustees
June 19

TRANSPORTATION
RESOURCES FOR
SENIORS

[Teen Shabbat Lunch &
Learn](#)

[Shavuot Stories & Stuffies](#)
June 1

[Young Artists Series for
kids 7+](#)
Knitting a besamim bag
starts May 13

The Bridge
Turkish Grill
Gift Cards

Men's Club
ShopRite Vouchers

[Sisterhood Shavuot
Luncheon for children](#)
June 3

[Women's League
Women of Achievement
Gala](#)
June 9

[What is Torah Time?](#)

[What is Mini Minyan?](#)

PLEASE BE MINDFUL OF . . .

SECURITY

Remember: an unaccompanied bag can be a subject of concern. Please do NOT leave bags of any type outside or inside the Temple, which could require staff to contact HPPD.

THIS WEEK
@ a glance

Want to know what's happening the rest of the month?

Check our website calendar!

[CLICK HERE FOR THE WEBSITE CALENDAR](#)

Fri., May 16, 2025

- ***6:00 PM Kabbalat Shabbat
- Shabbat dinner (for those with reservation) following services
- 7:50 PM light candles

Sat., May 17

- 9:00 AM Morning Services
- 10:30 AM [Torah Time](#) and [Mini Minyan](#)
- following services Teen Shabbat Lunch & Learn with Yosef
- 7:30 PM Mincha
- 8:57 PM Shabbat ends

Sun., May 18

- 8:30 AM Morning Minyan

Mon., May 19

- NO Torah on Monday with Rabbi Malomet

Tues., May 20

- NO Sisterhood Torah on Tuesday with Rabbi Malomet
- 4:30 PM Young Artists' Series: Knitting a Besamim Bag
- 7:00 PM Ulpan with Morah Ilana - Intermediate Class
- 8:00 PM Ulpan with Morah Ilana - Advanced Class

Thurs., May 22

- 7:00 PM Ulpan with Morah Ilana - Intermediate Beginner Class
- 8:00 PM Ulpan with Morah Ilana - Beginner Class

Morning minyan (in-person and on [Zoom](#))

Mon. - Fri. @ 6:45 AM

Sun. @ 8:30 AM

Evening minyan (in person and on [Zoom](#))

Mon. - Thurs. @ 7:30 PM

South River minyan (Federation building): 7 AM Mon.- Fri.; 8 AM Sun.

MORNING MINYAN NEEDS SOME SUPPORT!

On-line or In-person

We're grateful to our minyan "regulars" but even they sometimes can't be here. We want to be sure we have a morning minyan every day; we know those saying kaddish are especially appreciative. Morning services are egalitarian.

GALA 25 Ad Journal, honoring Mayor Elsie Foster; please support the vendors who supported us

WHAT'S THE DIFFERENCE BETWEEN TORAH TIME & MINI MINYAN??

We are so blessed to have two Shabbat and Yom Tov morning services for our youth: Dr. Marlene Herman and Ezra Kress leading [Torah Time](#) and Leah Zinder, our youth engagement coordinator, and Gamliel Nelkin



Torah Time is an opportunity for young children to experience the joy of **Shabbat, Torah and holidays**. The program is appropriate for children through age 6; young children should be accompanied by an adult.

An **experiential program**, there's lots of singing and hands-on Shabbat appropriate activity. A mini Torah provides children with their **first Torah experience**: they learn to dress and undress the Torah, hear the Torah blessings, and using a yad (pointer) with assistance they read a word of Torah. Through "food art," stories, and songs the children learn the **portion of the week**. Torah Time culminates with the children joining the congregation for Adon Olam.

leading [Mini Minyan](#).

We now have descriptions of each program, which should help congregants and visitors identify the best service for their children, grandchildren or other youth accompanying them to services.

These descriptions are guidelines; they include the "skill set" the child should have, the general or typical age of the children attending and whether they are accompanied by an adult.

These are "guidelines;" a child might be best suited for the program that's different than where they might fit by age. It's our hope that the children in each program will benefit if each child goes to the Shabbat program that is the best fit for them.



meets in the Beit Midrash

Mini Minyan is a slow-paced abridged **Shabbat morning service** with the goal of creating a solid understanding of the service for children. Children are generally **aged 6 - 12*** and **attend without being accompanied by an adult****. Mini Minyan culminates with the children joining the congregation for Adon Olam.

Mini Minyanaires learn about the different **prayers** and their **movements**, with opportunities to ask questions and develop a personal understanding. The morning is structured with three main components that mirror a traditional service:
T'fillah, Torah, and Chat.

T'fillah consists of a selection of Shacharit prayers interspersed with thought provoking discussions to help build connections and recognition within each prayer.

Torah is often a recap of the week's portion with movement-based activity and discussion to help break down the key points.

Chat is an open ended space for the Mini Minyanaires to connect with each other and begin building friendships.

*In order to participate fully, Mini Minyanaires are encouraged to have basic English reading skills, the ability to follow directions, and curiosity to keep up within the discussion.
**Adults are kindly requested to NOT attend with their child; the program is designed for tweens and younger who are able to participate independently. We are happy to make accommodations for children with special needs.



TORAH TIME with Dr. Marlene Herman and Ezra
10:30 AM to end of services

Food, such as cheese, pretzels and cereal will be served. Please [contact the Temple office](#) if your child has any food allergies you would like us to know.

MINI MINYAN with Leah and Gami
10:30 AM to end of services



Highland Park Conservative Temple

Congregation Anshe Emeth

201 South Third Avenue, Highland Park, NJ 08904 | 732-545-6482 | fax 732-246-3100 | www.hpct-cae.org

May 13, 2025

Dear Member:

The Annual Paid-Up Membership Meeting and Elections of the Board of Trustees of the Highland Park Conservative Temple – Congregation Anshe Emeth will be held in person and via Zoom using our normal zoom information on:

Thursday Evening, June 19th, 2025 at 8:00 p.m.

The Nominating Committee will present the following slate of Trustees, and those nominated have signified their acceptances:

Officers to be elected for a two-year term:

President: Philip Kibel
President Elect: Linda Diamond
First Vice President: Joanne Rosenberg
Second Vice President: Harold Gerr
Financial Secretary: Dan Ronnen
Treasurer: Sheldon Freidenreich
Recording Secretary: Ami Petter-Lipstein

Trustees to be elected for a three-year term:

Spencer Brooks Sue Kheel
Joy Kuchinsky Linda Schmidt

Nominations from the Congregation may be made by letter signed by two members, neither of whom can be members of the Nominating Committee or the individuals nominated. Such written notification must be received by Barbara Parkoff, the Chair of the Nominating Committee bparkoff24@gmail.com no later than May 30, 2025. No additional nominations may be made at the annual meeting. **All members voting must have paid their dues obligations through the current year.** Please make every effort to attend.

More information about the programming will be announced prior to the meeting.

Sincerely,

Sheldon Freidenreich
President

SF:bs

Eliot Isaac Malomet, Rabbi | Yakov R. Hilsenrath zt"l, Rabbi Emeritus
Sheldon Freidenreich, President | Philip Kibel, President Elect | Joy Kuchinsky, First Vice President
Linda Diamond, Second Vice President | Sam Tarshish, Treasurer | Arnie Schiffman, Financial Secretary
Joanne Rosenberg, Recording Secretary

TEEN SHABBAT LUNCH & LEARN WITH YOSEF KAGEDAN

students can enroll at any time

Register your teen



HIGHLAND PARK
CONSERVATIVE TEMPLE
Congregation Anshe Emeth

Teen Shabbat Lunch 'n Learn with Yosef Kagedan

Each session we will read through and discuss a short essay by Rabbi Lord Jonathan Sacks z"l. The essay will correlate to the weekly Parashah. Rabbi Sacks, Emeritus Chief Rabbi of the United Kingdom, truly embraced being a leader and representative of Judaism in the 21st century given his expertise in weaving together Jewish wisdom and texts with a variety of fields like economics, morality, sociology, philosophy, psychology, game theory, the arts, and history.

WINTER/SPRING 5785

Feb. 8, 15

March 1, 8

April 5

May 3, 17, 31

June 14

following Shabbat morning services

Register "ala carte" @ \$18/session (\$25 for non Temple members)
or for all 9 sessions for \$136 (\$195 nonmembers)



<https://www.hpct-cae.org/teen-shabbat-lunch-learn/>

Yosef Kagedan

Born and raised in Teaneck, New Jersey, Yosef Kagedan attended Yesbivat Noam for elementary and middle school and Torah Academy of Bergen County (TABC) for high school. Growing up, he loved being involved in a variety of Jewish youth organizations including NCSY, Bnei Akiva, and HaZamir. Yosef then attended Yesbivat Eretz HaTzvi for his gap year in Israel, where he honed his Jewish learning skills and deep love of Israel. He earned a B.A. in Psychology and Minor in Music from Rutgers University-New Brunswick, and recently returned to the Banks of The Old Raritan to pursue a Master of Social Work degree. Yosef is a longtime member of Kol HaLayla, Rutgers' Jewish acapella group, and was its Music Director from 2019-2020. He feels most connected to Judaism through music, as he is an avid and experienced Chazan and Ba'al Korei. His favorite Jewish topics are Jewish History, Tanach, Jewish Philosophy, and Tefilah.

Sign Up to Receive Info About Upcoming Youth
Events



HIGHLAND PARK
CONSERVATIVE TEMPLE
Congregation Anshe Emet

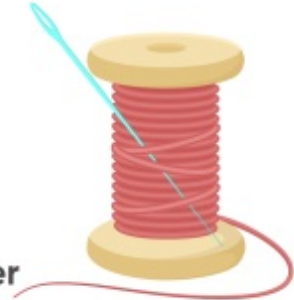


Young Artists Series

Tuesdays 4:30-6:30
Ages 7 +



Session 3 - **Hand-woven Challah Cover**
April 22 - May 6



NEW

Session 4 - **Knit Besamim Bag**
May 13 - June 10
(no class June 3 - Shavuot)



~Kosher snacks will be provided~



www.hpct-cae.org/young-artists-series



\$36 per session
or
\$90 for all sessions



SHAVUOT STORIES

& Stuffy Study Sesh

Bring a stuffy and join us for mac & cheese lunch,
stories and crafting!

Ages 3-10

June 1, 2025 | 12 pm

Stuffies are invited to stay the night to join the
Tikkun Leil Shavuot.

(Traditional shavuot all-night study session)

Stuffy Pick Up - June 2, 12 pm (after Shavuot service)
or 4 pm

Let us know you're joining:

hpct-cae.org/shavuot-stories-and-stuffy-study-sesh



HIGHLAND PARK
CONSERVATIVE TEMPLE
Congregation Anshe Emeth

ADULT EDUCATION

[CLICK HERE TO VIEW RABBI MALOMET'S TORAH ON MONDAY
CLASS RECORDINGS](#)

The Ten Commandments

"Who am I Lord, that you should send me?"

A non-Jewish cast created this beloved big screen depiction of Moses leading the Jews out of slavery in Egypt!



Tuesday, May 27
8:30 PM
a ZOOM program

REGISTER AT:

<https://bethelsynagogue.shulcloud.com/form/Kenrick>



John Kenrick combines a passion for entertainment history with a practical know-how earned while working on stage productions at every level from amateur to Broadway. John gives talks on theatre and film history, has appeared in numerous documentaries and is author of *Musicals101.com*, the *Complete Idiot's Guide to Amateur Theatricals*, and the textbook *Musical Theatre: A History*.

John is the Game Changer Curator for the Museum of Broadway in NYC. John served as personal assistant to six Tony-winning producers, assisted in the management of numerous national tours and was lyricist for the off Broadway production of *Bats*. John has become a Favorite with PJP participants!



SISTERHOOD

*THANK YOU TO OUR SISTERHOOD COOKS FOR PREPARING OUR SPECIAL
LAG B'OMER SHABBAT BBQ DINNER*





Sisterhood

Highland Park Conservative Temple-Congregation Anshe Emeth

201 South Third Avenue, Highland Park, NJ 08904 | 732-545-6482 | fax 732-246-3100 | www.hpct-cae.org



SISTERHOOD SHAVUOT CHILDREN'S LUNCHEON

May 2025

Dear Temple Member,

Sisterhood is delighted to continue its sponsorship of twice yearly Children's Luncheon for all children in our congregation through 12th grade. The Children's Luncheon for Shavuot this year will be on **Tuesday, June 3, 2025**. Lunch will be organized by our team of Sisterhood members who will set up and serve the children a tasty lunch of pizza and ice cream.

Sisterhood asks for your financial support in providing the food for this wonderful event. A list of sponsors will be displayed at the Shavuot service.

Thank you so much for your support for this luncheon as well as for Sisterhood's many projects as we continue to provide for all of our Temple members, both large and small.

Wishing you and your loved ones a Chag Sameach,

Marsha Goldwasser

For HPCT-CAE Sisterhood

Please detach and return with your check.

I/We would like to sponsor # _____ children at \$7 per child or \$18 for three children.

I have enclosed a check for \$ _____, made out to Sisterhood – HPCT-CAE or

Venmo your payment to Sisterhood – username is: @HPCT-CAE-Sisterhood.

Please **print your name below** as you would like it to appear on the Sponsor List:

*Please address your envelope to Sisterhood, c/o HPCT-CAE.
Remit by Thursday, May 22, 2025 to be included in the List of Sponsors.*

Garden State Region
Women's League for Conservative Judaism

Cordially invites you to the

Women of Achievement

2025 Gala

"Am Yisrael Chai"

Come join in this celebration of the extraordinary women in the Garden State Region. We will honor one special woman in each of our sisterhoods who has given outstanding service to her Sisterhood, Synagogue, or Community.

Monday, June 9, 2025

Doors open at 5:30 pm | Program begins at 6:00 pm

Congregation B'nai Tikvah

1001 Finnegan's Lane, North Brunswick, NJ 08902

Catered by Evan of Classical Caterers

A delectable lavish Israeli buffet with meat & vegetarian options

Registration

Click Here to Register

All registrations **must** be received by **May 18, 2025** ♦ No walk-ins

\$60 per person - Early Bird Registration (Received by May 4)

\$75 per person - Regular Registration (Received May 5 to 18)

Social Action Project

Please bring Kosher non-perishable items and/or feminine hygiene products to help combat food and feminine hygiene insecurities in our region.

Questions and more info, please contact:

Lynette Seader, Chair -- lynetteseader59@gmail.com | Sheila Kaufman, President -- girlpresident24@wlcj.org

**OUR HPCT-CAE
HONOREE IS
HELENE KNEE**

SCHWARTZMAN LIBRARY UPDATE *new Oct. 7-themed additions to our library collection*

The library committee will be adding many new titles throughout the collection in the coming months. Be sure to check out the rotating displays featuring a combination of new and timely books.



Would you like to suggest a title for purchase or donate books? Monetary donations to the Library Fund can be made [on-line](#) and through the Temple office. Book donations need to be approved by the library committee. Send a list of titles and authors to [Carla Herniter](#) or [Marsha Goldwasser](#) for consideration.

As a reminder, due to our limited space **please do NOT bring books to the Temple for donation**; all Library book donations must be approved by Carla.



SCREAMS BEFORE SILENCE

Never-before-heard eyewitness accounts from released hostages, survivors, and first responders.

During the October 7 attacks on Israeli towns and at the Nova Music Festival, women and girls were raped, assaulted, and mutilated. Released hostages have revealed that Israeli captives in Gaza have also been sexually assaulted.

Despite the indisputable evidence, these atrocities have received little scrutiny from human rights groups and international organizations. Many leading figures in politics, academia, and media have attempted to minimize or even deny that they occurred. In **Screams Before Silence**, a 60-minute, presenter-led documentary film, Sheryl Sandberg, former COO of Meta and founder of LeanIn.org, interviews multiple eyewitnesses, released hostages, first responders, medical and forensic experts, and survivors of the Hamas massacres.

[CLICK TO VIEW THE DOCUMENTARY](#)



WAYS TO HELP ISRAEL WAYS TO KEEP INFORMED

Throughout the course of the war, Rabbi Malomet will be directing information to our membership with ways to help.

We will keep our website updated with Rabbi Malomet's information:

<https://www.hpct-cae.org/israel/>

SHOW SOLIDARITY

#WeStandWithIsrael lawn signs can

#BlueRibbonsforIsrael

A global unity symbol in solidarity with hostages and their families



Join the #BlueRibbonsforIsrael campaign.
Send a strong message of solidarity
for the safe return of the hostages taken by Hamas terrorists in Israel, for the hostages' families, and all who care about their safety.

Raise Visibility & Participation

1. Wear blue ribbon in public.
2. Post a selfie wearing ribbon on social media using the hashtags #BlueRibbonsforIsrael and #HeartofNJ
3. Change social media profile picture using Canva



Learn more at jewishheartnj.org/Israel



be ordered through the [Jewish Federation of MetroWest](#); pickup information is on their website

Consider purchasing from Israeli vendors; visit our friend [Moshe Gold's](#) website for beautiful photography and gift cards.



FUNDRAISING



The Bridge Turkish & Mediterranean Restaurant

This weekly fundraiser IS BACK! cards are available weekly. Drop off your check, payable to The Bridge, by 5 PM on Tuesday and your card will be available on Thursday.

Thank you for supporting a local Kosher restaurant while also supporting HPCT-CAE! In the last year, The Bridge has donated back to us more than \$1,200!

HPCT-CAE Fund Raiser

**PURCHASE A GIFT CARD TO
THE BRIDGE TURKISH AND
MEDITERRANEAN GRILL!
HPCT-CAE WILL RECEIVE 15%**

The Bridge Turkish &
Mediterranean Grill

315 Raritan Ave., Highland Park
732-418-9000

PURCHASE YOUR CARDS FROM HPCT-CAE
• Payment by check only
• Make check payable to The Bridge Turkish &
Mediterranean Grill
• Cards available in \$50 and \$100 amounts
• Bring in you check by 5 PM Tuesday and your card will
be available on Thursday
• CARDS AVAILABLE WEEKLY



Follow the News in Israel

Here are two of the many Israel-based news outlets. There's lots going on; keep informed!

[The Jerusalem Post](#)
[The Times of Israel](#)

Check our website for the latest from Rabbi Malomet about Israel.
<https://www.hpct-cae.org/israel/>

COMMUNITY

Highland Park Community Services TRANSPORTATION



FREE SERVICE TO COMMUNITY CENTER MEMBERS

COMMUNITY CENTER
MEMBERSHIP \$20 PER
YEAR

WEEKLY SHOPPING TRIPS, LUNCH TRIPS AND SPECIAL EVENT TRIPS

- GROCERY STORES
- LUNCH OUTINGS
- SPECIAL TRIPS

(732)819-0052

**Trips to
Grocery Stores
available on
select
weeknights and
weekends.**

(732)819-0052

Weekly offerings and schedule will be available on the HPBoro Website www.hpboro.com, or please visit us on our Facebook page @HPdepartmentofaging

IN TOWN AND MIDDLESEX COUNTY MEDICAL APPOINTMENTS

8:00AM-4:00PM

- MONDAY
- WEDNESDAY
- THURSDAY

8:00AM-6:00PM
-TUESDAY

8:00AM-1:00PM
-FRIDAY

**CALL
(732)894-7287**

ADDITIONAL TRANSPORTATION RESOURCES FOR SENIORS

Middlesex County Area Transit (MCAT)

(732)745-7456

Access Link

(973)491-4224

MODICARE

1-866-527-9933

A-A Checker Cab

(732)545-2300

- o Community workshops will be available:
- o Learn how to shop and order online with delivery services such as Peapod, Instacart, etc...
- o Presentations from Rutgers NJTIP and Keep Middlesex Moving to learn available resources and to navigate mass transit

Please call, email or stop in the Community Center to receive additional information and to request a ride
(732)819-0052 or mzielinski@hpboro.com



ZOOM INFORMATION

Daily minyan and Rabbi Malomet's, including Sisterhood's Torah on Tuesday, classes via zoom:

www.Zoom.us

ID 732 545 6482

PW 636 159

[View as Webpage](#)



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