



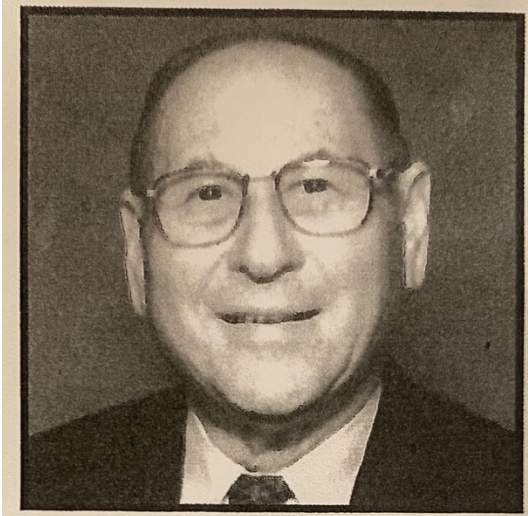
HIGHLAND PARK  
CONSERVATIVE TEMPLE  
Congregation Anshe Emeth

חג שמחה!

# Hilton Nelson Passover Guide 5783

Schedule of Services  
and Important Times

<b>Tuesday, April 4, 2023</b> <i>Bedikat Hametz</i> at nightfall 7:58 p.m.	<b>אור לי"ד ניסן ערב פסח</b> בדיקת חמץ	<b>Sunday, April 9, 2023</b> <i>Shacharit</i>	<b>ב' דחול המועד פסח</b> שחרית
<b>Wednesday, April 5, 2023</b> <i>Fast of the Firstborn</i> at 5:11 a.m. <i>Shacharit</i> at 6:45 a.m.	<b>ערב פסח</b> תענית בכורות שחרית	at 8:30 a.m. Mincha and Ma'ariv at 7:30 p.m.	מנחה ומעריב
<i>Siyyum**</i> following services approx. 7:30 a.m. <i>Hametz</i> may be eaten until 10:52 a.m. Deadline for sale of <i>Hametz</i> until 11:30 a.m. <i>Burn Hametz</i> until 11:56 a.m. Perform <i>Eruv Tavshilin</i> and Light Candles for Yom Tov before 7:08 p.m. Services for Yom Tov begin at 6:30 p.m. Enjoy the First Seder!	סיום אכילת חמץ מכירת חמץ ביעור חמץ עירוב תבשילין הדלקת נרות ליום טוב תפילות ליום טוב	<b>Monday, April 10, 2023</b> <i>Shacharit</i> at 6:45 a.m. Mincha and Ma'ariv at 7:30 p.m.	<b>ג' דחול המועד פסח</b> שחרית מנחה ומעריב
<b>Thursday, April 6, 2023</b> Services at 9:30 a.m. Youth Services at 10:30 a.m. Mincha and Ma'ariv at 6:30 p.m. Light Candles for Yom Tov* after 8:09 p.m. Enjoy the Second Seder!	<b>פסח יום א'</b> תפילות ליום טוב תפילות לנוער מנחה ומעריב הדלקת נרות ליום טוב	<b>Tuesday, April 11, 2023</b> <i>Shacharit</i> at 6:45 a.m. Mincha and Ma'ariv at 6:30 p.m. Light Candles for Yom Tov before 7:14 p.m.	<b>ד' דחול המועד</b> שחרית מנחה ומעריב הדלקת נרות ליום טוב
<b>Friday, April 7, 2023</b> Services at 9:30 a.m. Youth Services at 10:30 a.m. Mincha and Ma'ariv at 6:30 p.m. Light Candles for Shabbat* before 7:10 p.m.	<b>פסח יום ב' וערב שבת חול המועד</b> תפילות ליום טוב תפילות לנוער מנחה ומעריב הדלקת נרות	<b>Wednesday, April 12, 2023</b> Services at 9:30 a.m. Youth Services at 10:30 a.m. Mincha and Ma'ariv at 6:30 p.m. Light Candles for Yom Tov* after 8:15 p.m.	<b>שביעי של פסח</b> תפילות ליום טוב תפילות לנוער מנחה ומעריב הדלקת נרות ליום טוב
<b>Saturday, April 8, 2023</b> Services at 9:30 a.m. Youth Services at 10:30 a.m. Reading of Shir Ha-Shirim followed by Mincha and Ma'ariv at 6:45 p.m. Shabbat ends at 8:12 p.m.	<b>שבת חול המועד</b> תפילות לשבת תפילות לנוער קריאת שיר השירים מנחה ומעריב סיום השבת	<b>Thursday, April 13, 2023</b> Services at 9:30 a.m. Youth Services at 10:30 a.m. Yizkor will be recited Mincha and Ma'ariv at 7:15 p.m. Yom Tov Ends at 8:17 p.m.	<b>שמיני של פסח</b> תפילות ליום טוב תפילות לנוער יזכור מנחה ומעריב סיום היום טוב
		<b>You may eat Hametz</b> at 8:35 p.m.	<b>זמן אכילת חמץ</b>
		*From Pre-existing flame **We are honored to host the Rabbinical Assembly National East Coast Siyyum with Rabbi Mordy Schwartz. To register for the online Siyyum go to: <a href="http://www.rabbinicalassembly.org/event/pre-pesah-siyyum-bekhorot-east-coast">www.rabbinicalassembly.org/event/pre-pesah-siyyum-bekhorot-east-coast</a>	



**HILTON NELSON Z"L**  
**July 3, 1930 - November 1, 1995**

ב"ה ערב שבת "החודש הזה לכם" תשפ"ג

March 17, 2023

Dear Friends,

We are so honored to present this 27th annual edition of the Hilton Nelson Passover Guide. Thank you, Ina and the entire Nelson family, for sustaining this project all of these years.

Passover doesn't change. Every year it falls on the 15th of Nisan. Every year we prepare the same Seder Plate. There are thousands of editions of the Haggadah, but the order of the Seder always stays the same: *Kadesh, Urhatz, Karpas, Yahatz...* And while we always love singing new melodies, the Seder just wouldn't be the same without the familiar strains of *Mah Nishtanah* and *Had Gadya*.

To paraphrase the Haggadah, even though we've told the story of the Exodus hundreds of times, we still have the obligation to tell it again, with a fresh set of eyes and ears. Why? Because the greatest story of freedom always needs to be told and amplified, especially in a world in which some people still yearn to be free, and we who live in the freest society ever known in human history, take our freedom for granted. Around the world, some people are fighting for their freedom in wars, others are marching in the streets. The idea of freedom will always remain relevant. And vital. Provided we remain curious, inquisitive, and open to new insights and different perspectives, the story of the Exodus will always be fresh. As we grow, the story grows with us. As with the entire Torah, the text doesn't change; we do.

And so it is, that the format of this Guide has changed - just a little bit. While the instructions for making Passover haven't changed in centuries, we figured, why not change the way we present them? As always, we hope you will find this Guide useful in your preparations.

Though he has not been with us for many years, Hilton remains part of the living memory of the entire community. Every year at Passover, we remember him for his thorough knowledge of Passover kashrut and for his kindness. Because he was such a *mensch*, he was beloved by all who knew him. May his memory always be a blessing.

Please join us in shul over the holiday. It is wonderful to be together now that the pandemic has lifted. We honor you for your attendance, and we are so grateful.

Thank you for using the annual Hilton Nelson Passover Guide. May you have two meaningful Seders, and a beautiful, joyous Passover.

Rabbi Eliot Isaac Malomet

## **PREPARING FOR PASSOVER**

This brief guide is a condensed version of the Rabbinical Assembly 5783 Pesach Guide. You can access the full version at [www.rabbinicalassembly.org](http://www.rabbinicalassembly.org). The OU publishes a very thorough Pesach Guide. It can be accessed at [www.ou.org](http://www.ou.org). If you have any specific questions, please don't hesitate to contact Rabbi Malomet at 908-794-5959, or at [elmalomet@aol.com](mailto:elmalomet@aol.com).

The easiest way to prepare for Passover is to have a dedicated set of Passover dishes and utensils. Major appliances can be kashered.

## **EARTHENWARE AND CHINA**

Certain kinds of materials such as earthenware and stoneware, cannot be kashered. Our practice is that fine china that has not been used for at least one Jewish calendar year, may be used. Wash thoroughly with detergent and hot water. It may then be designated for meat or dairy use.

## **METAL UTENSILS**

Thoroughly clean and rinse the item applying cleanser to handles and fasteners then let it sit for 24 hours. Fill your largest pot with water and bring to a rolling boil. Using protective tongs or gloves, immerse the item completely. If it is too big, immerse one part at a time so that all of it has contact with the boiling water. Rinse. It is now kosher.

Metal baking pans can be kashered by thoroughly scrubbing them and placing them in an oven at the maximum setting. However, most prefer separate Passover baking pans.

Metal kitchen sinks can be kashered by thoroughly applying cleanser, scrubbing, and rinsing. Wait 24 hours then carefully pour boiling water over all its surfaces. Non-metal sinks cannot be kashered. They should be thoroughly cleaned, and specially designated dairy and meat dish tubs should be used.

## **GLASS ITEMS**

Glass dishes used for eating and serving hot foods should be washed thoroughly. Wait 24 hours and immerse in boiling water. Glass cookware should be thoroughly scoured with cleanser. After 24

hours, it should be subjected to the highest heat possible or a flame. Traditionally, drinking glasses or glass dishes used only for cold foods are placed in a tub for 72 hours changing the water every 24 hours.

## **PLASTICS**

Heavy duty plastics and silicone items, providing they can withstand very hot water and do not permanently stain, may be kashered in the same manner as metal outlined above.

## **APPLIANCES**

For ranges, every part that comes in contact with food must be thoroughly cleansed. Following a waiting period, it should be heated as hot as possible so that it reaches its highest temperature. The area around the burners should be covered with foil, disposable aluminum burner bibs, or range protectors. A self-cleaning oven can be kashered by activating that feature for a minimum of 30 minutes. All ash should be wiped away. Smooth glass-top electric ranges can be kashered by cleansing thoroughly, waiting 24 hours, then turning them to the highest setting. Microwave ovens can be kashered by cleansing thoroughly, waiting 24 hours, and then boiling a glass of water in it.

## **DISHWASHERS**

Clean thoroughly, especially the inside area around the drainage and filters. Place racks inside and activate a full cycle with detergent. After 24 hours run it again on the highest setting without detergent. If the sides of the dishwasher are made of enamel or porcelain the dishwasher cannot be cautioned for Passover.

## **SURFACES**

Tables, closets, cupboards, and counters should be thoroughly cleaned and covered. Granite, marble, glass, Corian, Staron, Caesarstone, Swanstone, Surell and Avonite can be kashered. Clean thoroughly. Wait 24 hours, then pour boiling water over them. No covering is needed after that. Wood without scratches can also be kashered. Ceramic, cement, or porcelain countertops cannot be kashered. Refrigerator and freezer surfaces should be thoroughly cleaned with detergent. Covering those surfaces is not necessary.

## SELL YOUR HAMETZ

The Torah prohibits the ownership of hametz during Passover. It has become customary to donate hametz items to local food pantries. When hametz remains in the house during Passover one is required to transfer ownership of it to a non-Jew for the duration of the holiday. Instructions for this sale are included in our mailing.

## MA'OT HITTIM - HELPING THOSE IN NEED

It is customary to make a donation when you sell your hametz, to enable the needy to have food on Passover. You may make donations to the Rabbi's Tzedakah Fund.

## PROHIBITED FOODS

All ordinary non-Passover foods containing ingredients derived from wheat, barley, oats, spelt, or rye are prohibited.

## KITNIYOT - LEGUMES

Traditionally, Ashkenazim have refrained from foods containing legumes. Sephardim permit them. The Rabbinical Assembly Committee on Jewish law and Standards as well as the Masorti Movement in Israel have permitted consumption of legumes on Passover.

## NOT ALL FOODS REQUIRE PASSOVER CERTIFICATION

These products may be purchased without Passover certification before or during Passover: baking soda, eggs, fresh fruits, and vegetables, fresh or frozen kosher meat, pure black, green or white tea leaves, unflavored tea bags, unflavored regular coffee, olive oil, whole or gutted fresh fish, unprocessed spices and nuts.

## THESE FOODS DO NOT REQUIRE PASSOVER CERTIFICATION IF PURCHASED BEFORE PASSOVER

Kosher filleted fish, frozen fruit no additives, non-iodized salt, pure white sugar, quinoa with nothing mixed in, unsalted Grade A butter, all regular milk products.

## FOODS REQUIRING PASSOVER CERTIFICATION

All baked goods, matzah products, cakes, frozen processed foods, candy, canned tuna, cheeses, chocolate milk, decaf coffee, decaf tea, herbal tea, ice cream, liquor, vinegar, wine, yogurt, soft drinks.

## BABY FOOD

Pure vegetable prepared baby food that is kosher the year round is acceptable for Passover. In homes where legumes are not consumed, it is permissible to provide legumes to babies provided it does not mix with regular Passover food and utensils.

## MEDICINES

Prescription medicines are permitted. Non-prescription pills and capsules are permitted. Some liquids may contain alcohols derived from grain and need to be checked for ingredients.

## PETS

Passover pet foods are available. Use pet foods with no grain. Legumes for pets are permissible but if you do not consume legumes, keep these foods away from the general kitchen area and was all pet bowls separately.

## NON-FOOD ITEMS

Items such as aluminum products, ammonia, baby oil, bleach, candles, contact paper, charcoal, coffee filters, dishwashing soap, laundry and dishwasher detergent, fabric softener, isopropyl alcohol, oven cleaner, paper bags, paper plates, plastic cutlery, plastic wrap, polish, scouring pads, sanitizers, stain remover, unflavored bottled water, wax paper, do not need Passover certification.

## BEDIKAT HAMETZ - THE SEARCH FOR LEAVEN

On the night prior to the Eve of Passover we perform a symbolic search for hametz. This year it is performed on Tuesday night, April 4, after nightfall. It is customary to search by the light of a candle (you can also use a flashlight), a feather, and a wooden spoon to collect the hametz. Ahead of the search, place some hametz in different rooms of the house. Before the search, turn off the lights. Recite the following blessing:

ברוך אתה ה' אלהינו מלך העולם, אשר קדשנו במצותיו וציונו על ביעור חמץ.	<i>Barukh ata Ado- Eloheinu Melekh ha-olam, asher kidshanu bemitzvotav vetzivanu al bi-ur hametz.</i>	<i>Blessed are You O Lord, King of the Universe, who has sancti- fied us with the commandments and commanded us to remove all leaven.</i>
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Proceed from room to room, searching and collecting the hametz. Following the search recite the following:

כָּל חֲמִיצָה וְחֲמִיצָה דְאִכָּא בְּרִשְׁוֵתִי, דְלֹא חֲמִיטֵיהּ, וְדְלֹא בְעֶרְתֵיהּ, וְדְלֹא יָדְעָנָא לֵיהּ, לְבַטֵּל וְלִהְיוּ חֲפָקֵר כְּעֶפְרָא דְאַרְעָא.	<b>Kol hamira</b> <i>va-hami'a de'ikka</i> <i>virshuti,</i> <i>de-la hamitei,</i> <i>u-de-la vi'artei,</i> <i>u-de-la yedana</i> <i>lei, LIBATEIL</i> <b>VE-LEHEVEI</b> <b>HEFKER</b> <b>KE-AFRA DE-</b> <b>AR'A.</b>	<i>All hametz</i> <i>in my possession</i> <i>which I have not</i> <i>seen or removed,</i> <i>or of which I am</i> <i>unaware,</i> <b>IS HEREBY</b> <b>NULLIFIED</b> <b>AND</b> <b>OWNERLESS</b> <b>AS THE DUST</b> <b>OF THE</b> <b>EARTH.</b>
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Keep the collected hametz separately, until it is burned or disposed of the following morning. Hametz is to be burned by 11:56 a.m. on Wednesday, April 5. (A burning barrel is located in the Ahavas Achim parking lot). When you burn it, recite the *Kol Hamira* passage above again.

#### ERUV TAVSHILIN

When Shabbat follows a Yom Tov a special provision must be made before *yontiv*, to permit food preparation on Yom Tov for Shabbat. Take a piece of matzah and a cooked item (such as an egg), and recite the following:

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל מִצְוַת עֶרֶב.	<b>Barukh ata Ado-</b> <b>Eloheinu Melekh</b> <i>ha-olam,</i> <i>asher kidshanu</i> <i>bemitzvotav</i> <i>vetzivanu</i> <i>al mitzvat eruv.</i>	<i>Blessed are You</i> <i>O Lord, King of</i> <i>the Universe,</i> <i>who has sancti-</i> <i>fied us with the</i> <i>commandments</i> <i>and commanded</i> <i>us regarding the</i> <i>eruv.</i>
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Then recite the following:

בְּהֵדִין עֲרוּבָא יְהֵא שְׂרָא לָנָא לְמַפָּא וְלְבִשְׁלָא וְלְאַטְמָנָא וְלְאַדְלָקָא שְׂרָגָא וְלְמַעַבְד כָּל צָרְכָנָא מִיּוֹמָא טָבָא לְשַׁבְּתָא לָנוּ וְלְכֹל יִשְׂרָאֵל הַדְרִים בְּעִיר הַזֹּאת.	<b>Bahadein eruva</b> <i>yehei sharei lana</i> <i>lemeyfa ulvashala</i> <i>ul'atmana</i> <i>ul'adlaka shraga</i> <i>ulmebad kol</i> <i>tzarchana</i> <i>miyoma tava</i> <i>le-shabata</i> <i>lanu u-lekhol</i> <i>Yisrael ha-darim</i> <i>be'ir ha-zot.</i>	<i>Through this</i> <i>eruv it shall be</i> <i>permissible for us</i> <i>to bake, cook, put</i> <i>away a dish</i> <i>kindle a light,</i> <i>prepare, and do</i> <i>all that is</i> <i>necessary on the</i> <i>holiday for</i> <i>Shabbat — for us</i> <i>and for all</i> <i>the Jews who</i> <i> dwell in this city.</i>
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#### CANDLE LIGHTING FOR YOM TOV

Prior to the sunset on eve of Passover the candles are lit.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל יוֹם טוֹב.	<b>Barukh ata Ado-</b> <b>Eloheinu Melekh</b> <i>ha-olam,</i> <i>asher kidshanu</i> <i>bemitzvotav</i> <i>vetzivanu</i> <i>le-hadlik ner</i> <i>shel yom tov.</i>	<i>Blessed are You</i> <i>O Lord, King of</i> <i>the Universe,</i> <i>who has sancti-</i> <i>fied us with the</i> <i>commandments</i> <i>and commanded</i> <i>us to kindle the</i> <i>light for Yom</i> <i>Tov.</i>
בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁ־הֵ־חֵיָנוּ וְקִיָּמָנוּ וְהִגִּיאָנוּ לְזַמַּן הַזֶּה.	<b>Barukh ata Ado-</b> <b>Eloheinu Melekh</b> <i>ha-olam,</i> <i>she-he-cheyanu</i> <i>ve-kiyemanu</i> <i>ve-higianu</i> <i>la-zman ha-zeh.</i>	<i>Blessed are You</i> <i>O Lord, King of</i> <i>the Universe,</i> <i>who has given us</i> <i>life, sustained us,</i> <i>and enabled us to</i> <i>reach this day.</i>

#### A SEDER INVOCATION

<p style="text-align: center;"> <b>בְּרוּכִים הַבָּאִים לְסֵדֶר פֶּסַח!</b>  <b>BRUCHIM HABAIM LESEDER PESACH!</b>            – Welcome to our Passover Seder!            On this beautiful night            we come together as family and friends            to celebrate God’s gift of freedom.            We remember our loved ones            who graced this table from year to year.             We are grateful to God            for all of our blessings since last Passover.            May God be with us tonight as He was with us            when our story began.            May He be with us as we tell our story again.             As we gather at this table, let us renew            our bonds with the Household of Israel            throughout the world and express our solidarity            with our brothers and sisters in Israel.             May God send healing to the sick,            and comfort the bereaved of our people.            May our story bring light to a world            that still bears witness to oppression and evil.            May God bless Israel            and all humanity with peace.            Amen.            Sing: <i>Oseh Shalom bimromav...</i> </p>
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PASSOVER JEOPARDY 5783 - SOME ELEMENTS OF THE EXODUS AND BEYOND				
EARTH	AIR	WIND	FIRE	WATER
An item made from earth that <i>loams</i> large in Israel's enslavement.	God blew the breath of life into this individual's nostrils.	The wind brought this plague in, and the wind took this plague out.	Moses noticed this strangeness when God appeared to him in a bush on fire.	Pharaoh's daughter names him Moses because of this water act.
This sequence of events led to Moses burying an Egyptian man in the sand.	These two plagues affected the water and made the air stink.	Without wind, this major exodus event would not have happened.	In addition to fire, Abraham took this item on his way to Moriah to sacrifice Isaac.	When the Israelites went through the sea, the waters looked like this.
At the burning bush, God asked Moses to take off his sandals because of this.	This instrument operates with air and has a prominent role at Mount Sinai.	This prophet experienced a ferocious wind, but God "was not in the wind."	This central item of Passover could only be roasted by fire, not boiled.	Moses threw a tree into the water of this place and to make it potable.
These two out of the three signs of God's first signs to Moses involve ground.	A name of God that sounds like breath in the last verse of Psalms.	These, "wither and this fade when a wind of the Lord blows upon them."	These two priests brought "strange fire" to the sanctuary and perished.	Tradition associates the miraculous well of the desert with this person.
For this plague, Moses strikes the dust of the earth, and things get itchy.	The Hebrew word for air is the first word of this iconic Israeli song.	In these three instances: God, wind, and water, appear in the same verse.	This is the only plague in which fire is present. Hint: there is also water.	The <i>hora</i> dance " <i>meyyim</i> " is based on this prophet's vision of salvation.

ANSWERS:

Bricks.	Adam.	Locusts.	The bush was not consumed.	Drawing out of the water.
He saw an Egyptian smiting a Hebrew and killed him.	Blood and frogs.	Splitting of the Sea of Reeds.	The knife, called a <i>ma'achelet</i> .	Walls.
The ground he was standing on was "holy ground."	Shofar.	Elijah.	The Paschal Lamb.	<i>Mara</i> .
Turning the staff into a snake, and water into blood.	Yah or YAAAAAAH!	"The grass withers and the flower fades..."	Nadav and Avihu.	Miriam.
The plague of lice. Kinim.	Yerushalayim shel zahav. Avir harim...	Creation, The Flood, and the Splitting of the Sea of Reeds.	Hail. <i>Barad</i> .	Isaiah.

ZAKHOR! REMEMBER! This year marks the 80th anniversary of the Warsaw Ghetto Uprising.

ZAKHOR! REMEMBER! The 2002 Park Hotel Massacre in Netanya, killing 30 and wounding 140.

## PASSOVER TABLE TOPICS

Here are 20 Passover Table Topics from which you can start a meaningful conversation. Cut these into cards and place them in a deck. At a moment of your choosing during the seder, have someone pick a card to spark a conversation. Enjoy!

<b>Describe an Exodus that you have taken.</b>	<b>How do you imagine Moses?</b>
<b>Have you ever felt that you were a slave?</b>	<b>What comes into your mind when you hear a Passover melody like <i>Mah Nishtanah</i>?</b>
<b>Share a Passover memory.</b>	<b>What do you love about Passover?</b>
<b>Who would you invite to your seder?</b>	<b>If you could go back in time, what era would you choose?</b>
<b>What will Passover look like in 10 years?</b>	<b>Moses just told you that you about to be freed. What goes through your mind?</b>
<b>What has Passover taught you?</b>	<b>Who do you miss from your seder?</b>
<b>Which child are you? The Wise, Wicked, Simple or the One Who Does Not Know How To Ask?</b>	<b>What does <i>Next Year in Jerusalem</i> mean to you?</b>
<b>What's different about Passover this year?</b>	<b>When do you feel God's presence?</b>
<b>Open the Haggadah to a random page. Pick a sentence. Discuss.</b>	<b>What's the perfect Passover?</b>
<b>Give a short "State of the Jewish People" address beginning with: "My fellow Jews..."</b>	<b>Would we really still be in Egypt if we hadn't been redeemed?</b>

## PASSOVER TABLE TOPICS

These are the 20 reverse sides to the Passover Table Topics cards from which you can start a meaningful conversation. Cut these into cards and place them in a deck. At a moment of your choosing during the seder, have someone pick a card to spark a conversation. Enjoy!

